

# NSS LEVEL 3

### Sir Owen G. Glenn National Aquatic Centre

17 Antares Place, Mairangi Bay 25m Pool x 10 Lanes

## Sunday 11th May, 2025

#### WARM UP 11:30AM - RACING STARTS 12:00PM

Event No.		Event No.	
1	100 Breaststroke	7	200 Backstroke – 10&O
2	25 Backstroke	8	100 IM
3	50 Breaststroke	9	25 Butterfly
4	100 Freestyle	10	50 Backstroke
5	25 Breaststroke	11	50 Butterfly
6	50 Freestyle	12	100 Backstroke
	•	13	25 Freestyle

### MEET CONDITIONS

**Entry Fee:** \$8 per event **Entries Close:** Tuesday 6th May, 11:59pm.

**Entry Method:** Entries are to be done through the SNZ database Fastlane Page along with payment at the time of entering.

Late Entries: Late entries will NOT be accepted.

<u>Officials:</u> Each club must supply 1 official per 4 swimmers to a MAX of 4, unless requested before the meet to provide more.

#### **Spectator Entry: \$2 per person**

**Program:** Electronic – will be sent to all competitors the day before the meet. No paper programs available.

Meet to be swum under SNZ rules – Local rule will apply ◆ Ribbons will be awarded to everyone who does a PB! ◆ All times submitted must be converted to short course times for the length swum ◆ Age as at day of meet ◆ All timed finals, graded scratch, results declared on times ◆ ASA will endeavour to have the correct number of officials for a Level 3 meet ◆ Swimmers with L1 or L2 qualifying times are unable to enter ◆ All participants must agree to comply with the Sports Anti-Doping rules ◆ This is a one start meet ◆ No refund on scratching, unless a medical certificate is sighted no later than 48 hours from the end of the meet ◆ MEET ENTRIES & CONTROLLER – Jack Ward – jack@nss.org.nz ◆ PLEASE NOTE

THAT THE ASA TECH SUIT RESTRICTION POLICY APPLIES TO ALL 12&U SWIMMERS ◆



